

Supplements for Health

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No.1 According to the passage, how do many people try to stay healthy?

A. By buying supplements in supermarkets and drugstores.

Your story should begin with this sentence: One day, Mr. and Mrs. Takahashi were talking in the living room.



One day, Mr. and Mrs. Takahashi were talking in the living room. Mr. Takahashi said to his wife, "I want to try taking some supplements." At the drugstore, Mrs. Takahashi was thinking about which supplement to buy. Mr. Takahashi was holding one that he had already chosen. The next morning, Mr. Takahashi was thinking about taking the supplement. Mrs. Takahashi was watching TV with him.

No.3 Some people say that young people should learn more about food and health at school. What do you think about that?

I agree.

If students learn about food, they can make healthier choices. This knowledge will help them live longer and better lives.

I disagree.

Students already have many subjects to study.

Parents should teach them about food at home.

No.4

**Today, some people take supplements every day.
Do you think more people will use supplements in
the future?**

Yes(Why?)

People are becoming more interested in health. Also, supplements are easy to buy at supermarkets and online.

No(Why not?)

Some people prefer to stay healthy by eating good meals.

Also, some supplements are too expensive.